ADHD Management

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Goals of Follow-up

- Assess adherence to treatment plan
- Assess response to therapies
- Assess for adverse effects
- Address any contributing factors to ADHD symptoms
- Adjust, Add, or Change current therapies
Adherence

• Daily vs Drug Holidays
  – SCRIPTS PMP

• Behavioral Modifications

• School Modifications
  – IEP
  – 504 Plan
Response to Treatment

- Patient and Family Input
- School Input/Resources
- Vanderbilt F/U Forms
- Observation
Adverse Effects

• Hemodynamics
• Poor Appetite/Weight loss
• Cardiovascular symptoms
• Headache
• Tics
• Emotional Lability/Irritability
• Behavior changes
• Sleep abnormalities
• Other?
Contributing Factors

- Sleep
- Allergic Symptoms
- Poor Health Habits
  - Diet
  - Exercise
- ACEs
Follow-up

• Monthly if changes are being made
  – PRN more frequently
• Every 3 months if well-controlled
When nothing works...

• Re-visit initial goals of therapy
• Wrong Dose?  Wrong Drug?
• Comorbidity?
• Alternative diagnosis?
• ACEs?
Things that make my life easier...

• Electronic Prescribing for Controlled Substances (EPCS)
• Behavioral Health Integration
  – Behavioral Health Consultants
• QTIP (Kristine and Dr. Khetpal)
Questions?
The Foxworths
Cailin Foxworth
Age 8