QTIP
AAP Mental Health Practice Readiness Inventory

All QTIP practices completed the AAP’s MH Practice Readiness Inventory at the Feb 2012 Learning Collaborative. Full document can be accessed:
http://pediatrics.aappublications.org/content/125/Supplement_3/S129.full.pdf+html

Results and ideas for next steps were shared during spring site visits.

Resource List for Suggestions and Action Steps
• Resources from the AAP Mental Health Toolkit
• Pediatrics, Official Journal of the AAP, 2010; Volume 125; Supplement 3
• http://pediatrics.aappublications.org/content/125/Supplement_3/3.txt
• AAP’s Children’s Mental Health in Primary Care – Chapter Action Kit
• http://www2.aap.org/commnews/childs/mentalhealth/mh2ch.html

<table>
<thead>
<tr>
<th>Categories on the AAP’s Mental Health Practice Readiness Inventory</th>
<th>Community Resources</th>
<th>Health Care Financing</th>
<th>Support for Children and Families</th>
<th>Clinical Info Systems/Delivery Systems Redesign</th>
<th>Decision Support for Clinicians</th>
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<tbody>
<tr>
<td>• inventory of available providers</td>
<td>• Knowledge needed to access services</td>
<td>• Collaborative relationships with key providers</td>
<td>• 20 party papers – providers, authorizations, papers</td>
<td>• Coding to capture payment</td>
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<td>• First contact – feel welcome</td>
<td>• Culturally effective MH care</td>
<td>• Mental health promotion</td>
<td>• Confidentiality</td>
<td>• Adolescents – MH/SA</td>
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<td>• Engage patient in MH dialogue</td>
<td>• Self and family management – self-care</td>
<td>• Referral assistance</td>
<td>• Care coordination for MH needs</td>
<td>• Special populations</td>
<td>• Family centeredness</td>
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<td>• Registry to kids with MH/SA issues</td>
<td>• Recall and reminder for kids on the registry</td>
<td>• Mental Health/SA</td>
<td>• Anxiety</td>
<td>• Depression</td>
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<td>• Functional assessment – how does the MH/SA issue affect functioning</td>
<td>• Clinical Guidance</td>
<td>• Referral assistance</td>
<td>• Decision support and training areas</td>
<td>• Protocols for kids with MH issues and to help foster self-care</td>
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<td>• Psychiatric Consultation – access to psychiatrist</td>
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Purpose: Our goal is to investigate the use of the AAP’s Mental Health Practice Readiness Inventory to assist 18 pediatric practices in South Carolina with a state learning collaborative.

Methods: All 18 practices completed the AAP’s Mental Health Practice Readiness Inventory at a QTIP learning collaborative session. Staff then met with each practice’s QI team (at their site) to share the data and discuss strengths and challenges noted through their sub-item scores. Suggestions for action to improve the practice’s mental health readiness were shared. Suggestion included, developing resource lists for each exam room; building collaborative relationships with mental health providers; adding mental health related brochures and posters too waiting rooms and exam rooms; using standardized screening tools, using the EMR to develop registry and tracking mechanisms for children who present with mental health challenges.

Results: Each of 32 subset items on the Mental Health Practice Readiness Inventory was scored 1, 2 or 3 with a maximum total score of 96. The total scores ranged from 50-79 with a mean of 64. Compared to the ideal situation our practices scored at 80% of the idea for health care financing; 74% for community resources, 73% for support of children and families; 65% for decision support and 58% for clinical systems. Based on these discussions, several practices have plans to implement some of the suggested ideas. Although early in the learning collaborative timeline, we are already seeing meaningful improvements in practice-based behavioral health services.

Conclusion: The learning collaborative model with follow up technical assistance visits seems to be an efficient way to catalyze improvements in behavioral health services as identified by the AAP’s Mental Health Practice Readiness Inventory.

All practices are encouraged to use PDSA cycles when implementing any practice change.

Results Memo Overview for the Practices

“So What’s”...

• You can decide as a practice if you want to work on specific questions or a general category.
• It will provide you with ideas for a flow of the items that you may want to work on.
• The AAP Mental Health Toolkit has information for each question, if I didn’t bring the information for the items that interest you, I can get it for you.
• You can do PDSA cycles around the areas you want to improve.

Strengths – Every practice has some area(s) of strengths. Comment yourselves for your areas of strengths.

QTIP is a collaborative effort of the SC Department of Health and Human Services and the SC Chapter of the American Academy of Pediatrics and is funded through a CHIPRA QI demonstration grant from the Center for Medicare and Medicaid Services.