Remind me why we’re talking about this?

From the grant:
“Behavioral health is fully integrated into our demonstration grant as Category C which specifically focuses on the integration of behavioral health care within the medical home...”
Myths,
Numbers,
Opportunities, and the Power of the Pediatrician
“M” is for Myths

1. Kids don’t get mental health disorders.

2. Someone who is sad, worried, or angry has a mental health disorder.

3. Some kids just won’t pay attention.

4. People with mental health disorders aren’t smart.

5. There are no mental health services for kids in SC.
“N” is for Numbers

• Number of kids seen
  – 2006 article in Pediatrics...Almost one-quarter (24 percent) of pediatric primary care visits involve behavioral, emotional or developmental concerns

• Number of kids with a mental health disorder
  – 1 in 5 kids in SC experiences a mental health disorder

• Number of Teen Suicide
  – 3rd leading cause of death for 15-24 yr olds
  – 4th leading cause of death for 10-14 yr olds
...Teen Suicide...

- 90% of adolescent suicide victims have a psychiatric disorder, with 63% exhibiting symptoms identifiable by screening for at least a year before their death.

- More than 70% of adolescents see a doctor at least one time each year, and more than 50% visit for routine health care each year.

Site for free Teen Screens shared during our site visits...

- PHQ-9
- PHC
- CRAFT

http://www.teenscreen.org/
“O” is for Opportunities

• Other Resources
• Office Set-Up
• Offer a Supportive, Non-Judgmental Atmosphere
• Offer Routine Screenings, Questionnaires, and/or Checklists

Taken from NAMI brochure, “What Families Want from Primary Care”
http://www.nami.org/template.cfm?template=/contentmanagement/contentdisplay.cfm&contentid=120672
“O” is for Opportunities

Families suggest asking these five questions:

1. Do you have any concerns about your child’s mental health?
2. How is your child behaving in school, at home, in the community and with peers?
3. Have you noticed any changes in your child’s moods?
4. Is your child sleeping and eating well?
5. Is there a family history of mental illness?

Taken from NAMI brochure, “What Families Want from Primary Care”
See reference on slide 9.
“P” is for the Power of the Pediatrician

Power to Normalize
Power of Presentation
Power to Refer AND Follow-up
Power of Relationship
Power of the Pediatrician
Q is for Question...So what now?

Books – for you? For your lobby?
Handouts – for kids? For families?
Powerful Words – think ahead...
Link with local providers...
Screening tools – questions....
Blog your ideas....
Others....
“Great things are done by a series of small things brought together.”

Vincent Van Gogh