OUTPATIENT GENERAL PEDIATRICIAN SKILLS

- LUMBAR PUNCTURES
- ENTERING CHEMOTHERAPY ORDERS IN SLEEP DEPRIVED STATE
- GIVING SURFACTANT TO 24 WEEKERS
- KNOWS ALL KINDS OF STUFF ABOUT RABIES

Brain Inflammation

Virus transmitted by infected saliva through bite or wound
REAL WORLD PEDIATRIC SKILLS

- asthma
- strep throat
- ear infections
- viral respiratory infections
- well child visits
- constipation
- constipation
- mental health
School District Red Tape
Lady

Department of Mental Health Administrator

Villainous Patient

"ALL THE COOL PEOPLE ARE DOING ROUTINE DEVELOPMENTAL AND AUTISM SCREENING"
"I AM COOL. I SHOULD BE DOING DEVELOPMENTAL AND AUTISM SCREENING...."

"BUT ALAS, I WILL NEVER BE ABLE TO GET THIS CHANGE IN PLACE IN MY OFFICE."

Dr. Rushton and the QTIP -laced apple

"Would you like to participate in a statewide QI Initiative?"
“Sure I'd love to learn more about QI!”

CHAPTER 2

YOU MUST DO THE THING YOU THINK YOU CANNOT DO.
— Eleanor Roosevelt

QTIP Participants

Participants
Did it! 😊

THE NURSE IS ON HER WAY!

Did not do it 😞

COLLEAGUE INTEREST IN QI AND QTIP

"Raise your hand if you want to start routine developmental screening!"

- Parent concerned?
- Eating right?
- Sleeping right?
- Development on track?
- Growing ok?
- Wearing car seats right?
- Bike helmets?
- Guns in home?
- Brushing teeth and seeing dentist?
- Language and literacy?
- School success?
- Sex, drugs, rock and roll?
- Tobacco issues?
- Illness today?
- Chronic issues (asthma, allergies, autism)?
- Parents marital health, home environment?
- Literacy?
Screenings

2010: ZERO developmental screening done/billed
2014: 2,567 screening codes in Rock Hill
      1330 in the Fort Mill Office—
      = 3897 total

This brought in an additional $27,279
(and improved our care)
(enough to help pay a part time counselor?)

Special Recipe for Integrating MCHATs and Developmental Screens

- Do not count on providers to remember
- Do count on front desk or clinical assistant to remember to administer screen
- Have clinical assistant make sure provider sees screen
- Rely on clinical assistant to bill for screen (DO NOT RELY ON PROVIDERS!)
- Show providers financial statistics for extra $ brought in by developmental and autism screens

“Raise your hand if you want to improve new ADHD follow up rates!”
Patients seen for NADD: follow up visit within 45 days?

YOU GET MOC!
EVERYONE GETS MOC!

Office QI engagement after QTIP (and MOC!!)

"Raise your hand if you want to do routine developmental screening!"

Carolinas Healthcare Administrators: Not so bad after all?
Chapter 3: All in: QI Engagement

"MANAGING FOR DAILY IMPROVEMENT" (daily huddles)

When the local pediatric dentist is so excited about you doing varnish that he sends his favorite hygienist to teach you how and with supplies to share....
Addressing High BMI's:

EPIC FAILS

- PROJECT BREATHE EASY PDSA
- GAVE OUT PBE BROCHURES TO EVERY ASTHMA PATIENT
- MEASURED HOW MANY CONTACTED PROJECT BREATHE EASY PEOPLE
  (ONLY 4/700...)

- STILL LEARNED THAT WE NEED TO DO MORE TO COMPLETE THE
  CONNECTION WITH PATIENT TO RESOURCE...
Chapter 4: HAPPIER EVER AFTER: Mental Health Integration

Validated Screens
- Edinburgh
- SEEK
- PSC 17
- PHQ 9
- CRAFFT
- GAD 7 or SCARED

Vital Signs
- weight
- height
- respiratory rate
- pulse
- blood pressure
- age-appropriate behavioral health questionnaire


<table>
<thead>
<tr>
<th>Year</th>
<th>Screened for Depression</th>
<th>Managed Depression In Clinic</th>
</tr>
</thead>
<tbody>
<tr>
<td>2004</td>
<td>55%</td>
<td>17.5%</td>
</tr>
<tr>
<td>2013</td>
<td>30%</td>
<td>24.3%</td>
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</tbody>
</table>

...We are doing better than this in SC...
RESOURCES:

They aren't resources until you realize they are resources!

- ParentSmart (free parent's as teachers program)
- Lumnet
- AMC
- Family Connection
- Early Learning Partnership of Yankton County
- Churches, Mosques, Synagogues
- MAHI
- Excellent local counselors
- DASH
- School District (counselors, therapists, special ed programs)
- Girls on the Run/Coaches' Sports Teams
- Food Pantries
- Community Gardens

96217 (emotional health screen code) billing for 2017

- $42,837.75!
  - (approximately $7 per screen)
  - (Enough to pay a full time counselor)
ADHD GROUP VISIT VIDEO:

Chapter 5: The Bad Guys Aren't So Bad
QTIP - the good, better and best - outpatient
general pediatric skills - edwards

Carolinas Healthcare
Administrators ➔ Not so bad after all!

School district people ➔
really helpful!

MEDICAID GUYS ➔
ALSO REALLY HELPFUL!
Lessons from QTIP

- Being great at the wrong things does not help your patients.
- It is not enough to want change; you have to have a plan for change:
  - PDSA Cycles are better than Hamster wheels
- The bad guys are not so bad and sometimes turn out to be good guys.
- It seems much less impossible when you hear or see how another
  real life practice actually did it, and did it well.
- Pick up the phone. Get out of the office. As Mr. Rogers would say
  “who are the people in your neighborhood?”
- Be not afraid. Take a nibble of the QTIP the apple.