Care Plan – Problematics
(Thoughts on Making Portable Care Plans)

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Nothing to disclose.

I’ve been working on doing Portable Care Plans for a long time...

15 years
Starting with a handwritten care plan

AND THEN THREE ELECTRONIC RECORDS:
Cerner, ECW, and EPIC
Be sure to jot down your ideas to share in the discussion later.

First Thoughts

1. Decide what do you want the Portable Care Plan to be.
   A. Medical information
   B. Action Plan
   C. A Combination of Both

My old handwritten plan included:
1. a diagnosis list,
2. a medication/allergy list,
3. sick plan for home as well as where to seek emergency treatment.

2. It is better to do one thing well...

So, use something that's already in your EHR- usually your Visit Summary
3. You don't need to treat all patients equally.

CHILDREN WITH MEDICAL COMPLEXITY

CHILDREN IN FOSTER CARE

Parents with Limitations

Parents who speak English as a Second Language

And Especially patients with a Combination of those problems!
A child who has both medical complexity and parents who speak English as a second language may be the child who benefits most from a portable care plan.

Key Components of Most Electronic After Visit/Depart Summaries:
1. Problem/Diagnosis List
2. Medication/Allergy List
3. Space to Put Specific Instructions/Other Info

OLD CERNER PROBLEM LIST

Problems and Health Issues

- Hypertension
- diabetes
- obesity
- chronic kidney disease
- chronic obstructive pulmonary disease
- asthma
- ADHD
- anxiety

Old EpiC Med List

Instruction Section On Epic

Instructions

The following instructions will be communicated to the patient/family at the time of discharge:

- [Details of instructions]

- [Additional notes for patient/family]
The only thing worse than no information is...

Wrong Information!!

Review the Problem/Diagnosis Lists
1. Eliminate obsolete diagnoses
2. But also use the Problem List to give some Past Medical History by leaving some old diagnoses and changing some to "history of"

MAKE SURE THE MED LIST IS RIGHT
FOR LONG LISTS
REVIEW ORALLY AND VISUALLY!
PASS OUT COPIES

You can use the Med List for more than Just Meds
The Instruction Section can be used in numerous ways but two to think about:

1. Action Plans for parents
2. Additional history pertinent to the patient or even a whole past history section.
So, is a “enhanced” Visit Summary a Portable Care Plan?

Only if the Caregiver can access it when they need it. That’s the hard part.

How do we make that happen?

PRESENT IT AND REVIEW IT WITH THE FAMILY YOURSELF!

ASK THAT THEY KEEP IT IN A SPECIFIC PLACE

OLD ADVICE:
- On the Refrigerator
- Mom’s Purse
- Diaper Bag
- “Go Bag” (Emergency Bag)

Then, I realized that parents always have their phones and phones can be used for more than just entertainment!!

NEW ADVICE:
Keep it on your phone!
Take a picture of each page of the Care Plan
OR

Use the phone to access the patient portals.

In the age of electronic medical records, are portable care plans even a relevant topic?

Absolutely!

We need to keep a portable care plan mindset.

1. Parents will always need a visual reminder of health information.

2. As the use of patient portals increases, our records will become portable care plans whether we intend it or not!