Five. Yes, Five.

Kristine Hobbs, LMSW
July 2018 QTIP Learning Collaborative

Five topics:

1. AAP Toolkit
2. QTIP Summer Survey
3. Calming Strategies
4. Teams
5. Finally...

"Here's some simple advice:
Always be yourself,
Never take yourself too seriously.
And beware of advice from experts,
pigs and members of Parliament."

AAP Mental Health Toolkit

AAP Mental Health Toolkit

Community Resources

- Dr. Varadi
- Community Resource Book
- Ready 4K - SCREADS Textline
**AAP Mental Health Toolkit**

**Health Care Financing**

- Investigating new opportunities for integrated care

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**AAP Mental Health Toolkit**

**Support for Children and Families**

- Facebook Pages
- MUSC Fertility
- Psychiatrist, Dr. Connie Guille

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**AAP Mental Health Toolkit**

**System Redesign**

- QDA Data to do IQ around behavioral health screens
- Community resource toolkit - picture of the pages you are interested in

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**AAP Mental Health Toolkit**

**Clinical Decision Making**

- Trauma Screening
- MUSC Cor Calls
- Dr. Khetpal

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"Since last summer, I or other practitioners in my practice have consulted with Dr. Khetpal ___ times."

- None: 45%
- One to four: 29%
- Five to eight: 8%
- Nine to twelve: 4%
2018 QTIP BHI Summer Survey

- Satisfaction
- ADHD
- On-site services
- Goldilocks questions
- Screening tools

"How satisfied do you feel in your role as a provider of care to children and families with behavioral and emotional problems?"

Prior to QTIP

- Satisfied: very satisfied, 46%
- Very satisfied: somewhat satisfied, 30%

Currently

- Satisfied: very satisfied, 36%
- Very satisfied: somewhat satisfied, 4%
18

QTIP Practices have a Mental/Behavioral Health Care Professional on-site.

<table>
<thead>
<tr>
<th>Services Provided</th>
<th>Hours/week</th>
<th>Funded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Referral = 14</td>
<td>Full-time = 8</td>
<td>Salary Paid by Practice</td>
</tr>
<tr>
<td>Traditional Talk Therapy = 14</td>
<td>Half-time = 3</td>
<td>Shares Space, but is not practice employee</td>
</tr>
<tr>
<td>Brief Psychosocial Interventions = 12</td>
<td>Other = 7</td>
<td>Contract Employee = 2</td>
</tr>
<tr>
<td>Case Management = 6</td>
<td>Other = 4</td>
<td></td>
</tr>
</tbody>
</table>

"If Goldilocks visited QTIP's behavioral health integration activities, what would she say we..."?

Too much of:
- Screening
- Nothing
- ?

Too little of:
- Adolescent MH
- Obesity
- Integrating with schools
- Behavioral health integration
- Interventions
- Practical parenting
- Case management

Too just the right amount of:
- Behavioral health
- Screening
- Resource sharing
- Collaboration
- Hard work
- Covering various topics

Today I will live in the moment, unless it's unpleasant, in which case I will eat a cookie.

"Cookie Monster"