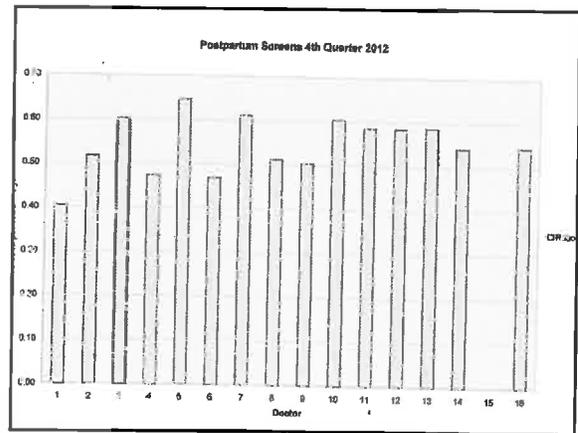
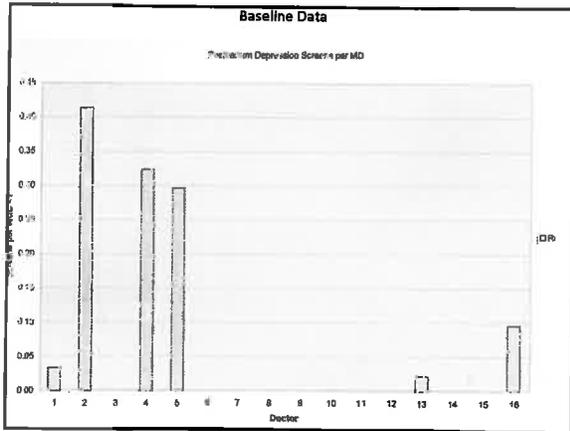


Baby Steps at Sandhills Became Big Gains

Began as internal initiative, incorporated into SC QFTIP program
 Revamped developmental screening, twice!
 Incorporated Mental Health into Daily Routines
 Post partum Depression Screening
 Revamped ADHD care to match AAP guidelines
 Depression screening ages 11-21
 Behavioral Health Screens from infancy to adolescence
 In-House Counselor
 Focused on decreasing ER utilization
 Focused on increasing well care and immunization rates
 Dental varnish
 Revamped asthma care, EMB protocols, ACT, Action Plans
 Certified as NGQA level 3 PCMBH Feb 2014

**“If Mama ain’ t happy
 ain’ t nobody happy...”**

Postpartum Depression Screening
 At Sandhills Pediatrics



“No Pain, No Gain”

Incorporating Mental Health
 into the Pediatric Office

**One in Five Children Have A
 Diagnosable Mental Health Illness.**

Mental Health in Pediatrics

- Post Partum Depression
- Developmental Issues/Autism
- Behavioral Problems in Young Children
- Family Issues
- School Performance/Behavioral Problems
- ADHD
- Substance Abuse Screening
- Depression Screening and Treatment
- Access to Mental Health Professionals

In Office Counselor

- Built on existing relationship with LPC
- Already rented part time space for private practice
- 18 years experience, including with Medicaid
- Works 4 days per week, rotates all offices
- Access to EMR facilitates referrals, communication, eases referral process
- Medicaid access to counseling especially enhanced
- Not without growing pains (Insurance panels and established referral patterns)

Summary of Our Experiences

- Revamped ADHD protocols for diagnosis and follow-up: improved significantly
- Teen Depression Screening uniformly done
- Child Mental Health and Adolescent Depression Screening: a work in progress
- In house Counselor: now profitable after a slow start.

Oral Health and Children

Early childhood caries (cavities) is the number 1 chronic disease affecting young children.

Early childhood caries is 5 times more common than asthma and 7 times more common than hay fever.

Tooth pain keeps many children home from school or distracted from learning.

Children are recommended to have their first dental visit by age 1.

AAP UPDATED RECOMMENDATION

The screenshot shows a webpage with the following content:

- Header:** AAP Recommends Fluoride to Prevent Dental Caries
- Text:** The American Academy of Pediatrics (AAP) has updated its recommendation on fluoride toothpaste for children. The new recommendation is that fluoride toothpaste should be used for all children starting at tooth eruption, regardless of caries risk.
- Related Information:** AAP Update on Oral Care, AAP Update on Oral Care, AAP Update on Oral Care.

AAP UPDATED RECOMMENDATIONS

- For Release: Aug. 25, 2014
- AAP states that fluoride is effective for cavity prevention in children. The AAP is issuing the following new recommendations:
 - Fluoridated toothpaste is recommended for all children starting at tooth eruption, regardless of caries risk.
 - A smear (the size of a grain of rice) of toothpaste should be used up to age 3. After the 3rd birthday, a pea-sized amount may be used. Parents should dispense toothpaste for young children and supervise and assist with brushing.
 - Fluoride varnish is recommended in the primary care setting, once to 6 months starting at tooth eruption.
 - Over the counter fluoride rinse is not recommended for children younger than 6 years due to risk of swallowing higher than-recommended levels of fluoride.
 - Previously the AAP recommended varnish only in high risk patients.

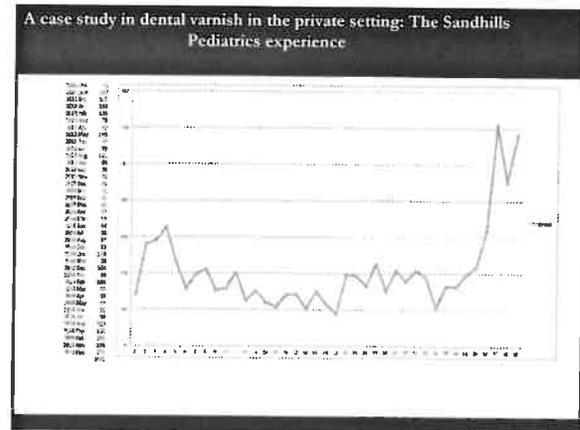
USPTF RECOMMENDATION ALSO ACA COMPLIANT PLANS MUST COVER

U.S. Preventive Services Task Force

Dental Caries in Children from Birth Through Age 5 Years: Screening

Recommendation Summary

Population	Recommendation	Grade
Children aged 5 years and younger who are at least moderate risk for dental caries	Screen with fluoride varnish	B
Children aged 5 years and younger who are at least moderate risk for dental caries	Screen with fluoride toothpaste	B
Children aged 5 years and younger who are at least moderate risk for dental caries	Screen with fluoride mouth rinses	I

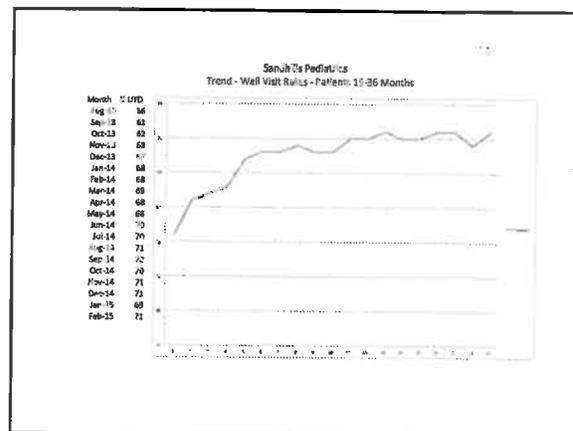
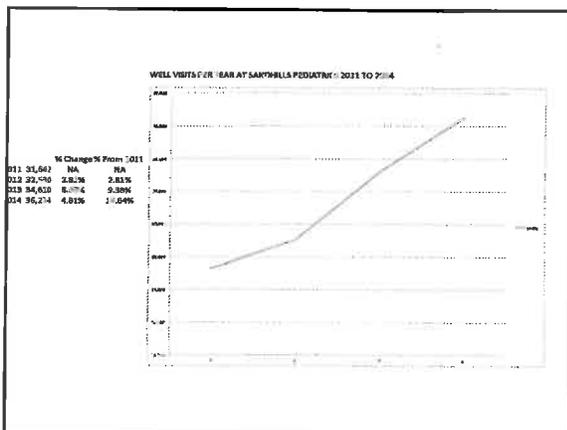


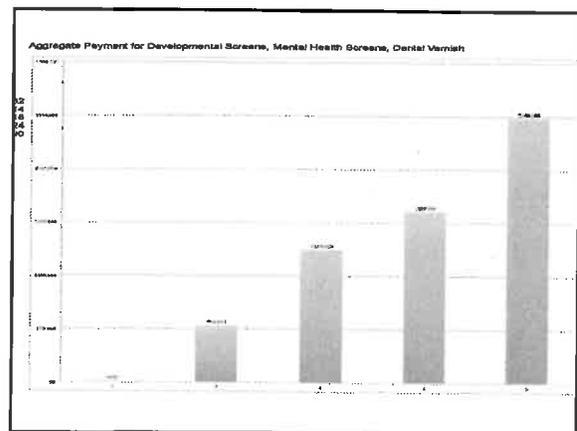
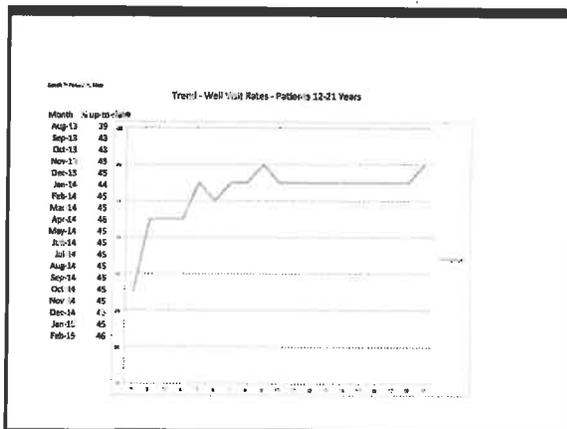
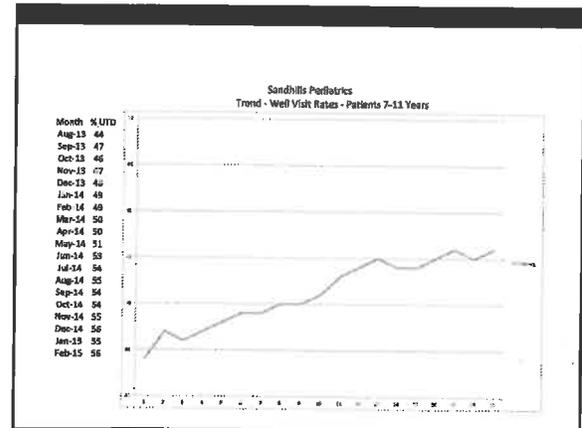
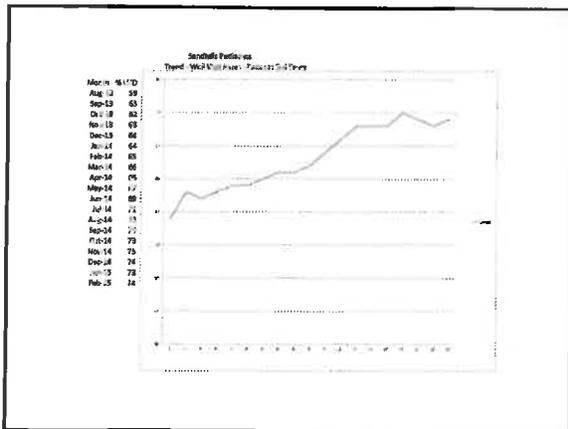
Increasing Well Visit Rates

- Why? Well Visits pay on average 60-70% more than sick visits, and contribute to HEDIS Scores, which can influence insurance contracting AND payments for ALL visits
- How? Added questions to every EMR template asking if well care and immunizations were UTD
- Used Practice Management System to generate lists of patients who were not current and contacted 750 to 1000 patients per month
- Began contacting by email or text when able

Real Numbers in SC Sandhills Pediatrics

- Medicaid well visits paid overall 62% higher than sick visits from April 2014 to April 2015
- 3 well visits generated as much revenue as 5 sick
- Well visits are vary less by season and not as prone to fluctuation from year to year
- ALL of us have large numbers of patients who are not current on well care





Asthma Care

- Sandhills also revamped asthma care through QTIP
- Developed specific asthma followup protocols in EHR
- Increased utilization of spirometry
- Introduced and measured use of Asthma Control Test
- Introduced and measured use of Asthma Control Plans
- PDSA cycles addressing flu vaccine rates in asthma patients

PCMH CERTIFICATION

- Quarterly payments by all Medicaid plans
 - \$0.50 PMPM for application in process
 - \$1.00 PMPM for NCQA Level 1
 - \$1.50 PMPM for NCQA Level 2
 - \$2.00 PMPM for NCQA Level 3
- BCBS of SC also pays extra. No other payers yet
- Sandhills certified as NCQA Level 3 February 2014

So, What Next??

Most practices are taking this approach to the coming payment models



P4P Measures BCBS of SC

- Asthma Care: Controller Meds and Flu vaccines
- Well Care rates: 0-15 months, 3 to 6 yrs, 12 to 17 yrs (HEDIS)
- Immunization rates: 2 year olds and 13 year olds
- PCMH Certification

QTIP Practices are More Prepared



After Five Years, A New Model Has Evolved!



As well as a new “collaborative”

