AAP Mental Health Toolkit

Framework for MH Activities
- Community Resources
- Health Care Financing
- Support for Children and Families
- Clinical Information Systems/Delivery Systems Redesign
- Decision Support for Clinicians

Community Resources Actions:
- Visits
- Referral Loops
- Liaison

Referral and Feedback Forms...

COMMUNITY RESOURCES SUMMARY SLIDE

[Graph showing data with various lines and numbers]
Healthcare Financing Actions:

- Medicaid Bulletins
- Advocate
- Office Flow

Support for Children and Families Actions:

- Bulletin boards
- Group Visits
- Handouts
- Family Advocacy Groups

NAMI – "What Families want from Primary Care"

- Resources
- Office Set-Up
- Supportive, non-judgmental atmosphere
- Routine Screenings, questionnaires, and or checklists

CHOC and Families...

- Hispanic Families Health Fair...
- Asking families when they leave the office about their experiences that day...

Beaufort's Bulletin Boards
- Pal Peds - handouts at 6-10 yr WCC
Referral Assistance/Care Coordination
- Resource Parents
- Community Health Workers
BJCHS
- NAMI of Beaufort leading to Family Classes at their location
Carolina Peds of Cheraw
- Connected to their First Steps
- Connected a child with grief camp after the parent died

System Redesign Actions:
- Quality Improvement Techniques
- Screening Protocols
- EMRs
- Clinical Guidelines for Care
- Referral and Feedback Loops

Dr. Edwards has started
Group ADHD visits

Barnwell handout....

Medication Guide
About Using Antidepressants in Children and Teenagers

What is the most important information I should know if my child is being prescribed an antidepressant?

Parents or guardians need to think about 4 important things when their child is prescribed an antidepressant:
1. There is a risk of suicidal thoughts or actions
2. How to prevent suicidal thoughts or actions in your child
3. You should watch for certain signs if your child is taking an antidepressant
4. There are benefits and risks when using antidepressants.
Handout goal is to explain each of these four statements...
Other ideas...

- Recall and reminder systems for your children on ADHD medications
- AnMed – did FDSA cycles looking at depression medication management
- Three of our Midlands practices are working with their local DMH center on feedback loops
- Several of you are still considering your options around co-located behavioral health providers

SC CTP Recommended Routine Screening Protocol

<table>
<thead>
<tr>
<th>Babies and Preschoolers</th>
<th>Elementary School</th>
<th>Adolescents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developmental Screening</td>
<td>ALL ASQ-3 or PEDS</td>
<td>ALL PSI-Y 11+</td>
</tr>
<tr>
<td>Psychosocial/Environmental Risk Factors – ALL</td>
<td>If indicated SCARED &amp; R SCARED</td>
<td>If indicated or desired Modified PHQ-9 CRAFTT SCARED Vanderbilt</td>
</tr>
</tbody>
</table>

Edinburgh Post-Partum Depression screen for moms SEEK-PSQ (see website for links)

Carolina Peds Protocol

<table>
<thead>
<tr>
<th>Health Screenings for Carolina Pediatric Patients and Families</th>
<th>Age Groups</th>
<th>Health Office Name</th>
<th>Mail w/ Notes from Web</th>
<th>Note to Provider</th>
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</thead>
<tbody>
<tr>
<td>CPRSFT 13-18 years of age</td>
<td>At birth and at 1 year of age</td>
<td>At Birth and 1 year</td>
<td>Me and MT Notes</td>
<td>PA Provider</td>
</tr>
<tr>
<td>PFSF 11-18 years of age</td>
<td>At 12 months and 2 years</td>
<td>At 12 months and 2 years</td>
<td>Me and MT Notes</td>
<td>PA Provider</td>
</tr>
<tr>
<td>PHQ-20</td>
<td>12 months</td>
<td>At 12 months</td>
<td>Me and MT Notes</td>
<td>PA Provider</td>
</tr>
<tr>
<td>BMI</td>
<td>Age and Height</td>
<td>At Birth and at 1 year of age</td>
<td>Me and MT Notes</td>
<td>PA Provider</td>
</tr>
</tbody>
</table>
Clinical Decision Making Actions:

- TA Visits
- Psychiatric Consultation
- Skill Building
- Share Resources

Decision Support

- Online Training Resources
- Care Guides
- AAP MH Toolkit Cluster Guidance
- Consultation by Dr. Khetpal
- Coaching on MI and HELP

H
E
L2
Loyalty
P3
Permission
Partnership
Plan

AAP Mental Health Task Force

"The PCP has the capacity to have a positive impact on a child's mental health without knowing precisely the child's diagnosis"

How will this work...

In looking at where you want to be, we have to be aware of what fits your Pediatric Practice's needs. We need...

- To figure out what YOU want;
- To be aware of YOUR patient population;
- To take into account YOUR skills, knowledge and comfort level; and
- To look at what financing works for YOU.

THEN, we can look the Integration model for YOUR practice

WE ARE DOING THIS ON A PRACTICE BY PRACTICE BASIS.