Project Breathe Easy...  
is a national award winning program that supports and educates families that have children with asthma.

Counties Served
- Anderson  
- Calhoun  
- Charleston  
- Fairfield  
- Florence  
- Greenville  
- Newberry  
- Orangeburg  
- Richland/Lexington  
- Rockhill (New!)  
- Beaufort (New!)

Services Provided
- A home visit is provided to each family. Additional home visits are added if needed  
- An environmental assessment is done on each home  
- Each parent is given a mattress and/or pillow encasement  
- Each family is provided with an asthma educational notebook  
- Each family receives a total of 10 contacts

Other Services Provided
- Resource assistance to families  
- Childcare training to childcare centers called Asthma Management for Children  
- Pediatric staff education  
- Health fairs  
- School events  
- PTA Meetings  
- Community Awareness Events

Things you find out on a home visit....
child highly allergic to rabbits  
Both girls highly allergic to dogs
Jan Shillinglaw: Our PBE Hero

Jan, Emily, Charlotte and GGM

PBE pre and post test: Rock Hill

- Gender
  - Male: 23 (61%)
  - Female: 15 (39%)
  - Total: 38 (100%)

- Ethnicity
  - White/Caucasian: 21 (54%)
  - Black/African American: 19 (49%)
  - Hispanic/Latino: 2 (3%)
  - Other: 2 (3%)
  - Total: 34 (100%)

Rock Hill PBE Demographics

- Insurance: N
  - Medicaid: 27 (82%)
  - Private: 5 (15%)
  - Uninsured: 1 (3%)
  - Total: 33 (100%)

Asthma Functioning (Rock Hill)

- Pre and Post test % reduction in:
  - ED visits, hospitalizations: 23%
  - Doctor's office/clinic visit: 61%
  - School/Daycare missed: 23%
  - Parent's work missed: 24%

Asthma Management

- % increase in:
  - Patients with asthma action plan: 71%
  - Patients with a primary care physician (only one had no physician at pre-test and had one at post test: 100%)
Statewide PBE Demographics

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<th>Gender</th>
<th>Total Number</th>
<th>% of total</th>
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<tr>
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<td>59</td>
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<tr>
<td>Female</td>
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<tr>
<td>Total</td>
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<tr>
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<tr>
<td>Total</td>
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</tr>
</tbody>
</table>

Statewide PBE Demographics

- Insurance      N     %
- Medicaid       461   88
- Private        49    9
- Uninsured      16    3
- Total          526   100

Asthma Functioning

- Pre and Post-test % reduction in:
  - ED visits/hospitalizations: 73%
  - Doctor's office/clinic: 45%
  - School/ Daycare: 48%
  - Parent's work days missed: 63%

Asthma Management:

- % increase in asthma action plans between pre and post test surveys:
  - 90%

- % of patients without a physician:
  - Reduced by 50%

Next steps:

- 1) Increasing referrals from our office
- 2) Sustaining funding
- 3) Health coaching for other issues:
  * Behavioral health
  * Obesity/nutrition
  * Diabetes